UPPER PRIMARY PE Overview Term 1, 2016

Yr 3-6

Sub Strands from ACARA:

MOVING OUR BODY
Practise specialised movement skills and apply them in a variety of movement sequences & situations

Propose and apply movement concepts and strategies with and without equipment:

Cricket - in striking, catching, tracking, bouncing and throwing balls of various sizes by playing lots of modified games that incorporate these skills.

Softball - in bouncing, throwing, catching, tracking, trapping and striking.

Hockey – in tracking, trapping, dribbling, passing and striking.

Yr 7

Sub Strands from ACARA:

MOVING OUR BODY
Use feedback to improve body control and coordination when performing specialised movement skills in a variety of situations

Practise, apply and transfer movement concepts and strategies with and without equipment:

Cricket - in bowling, batting, wicket keeping and fielding (tracking, catching, trapping and throwing). Splitting the class into girls and boys with differing stations for each.

Softball – in pitching, batting and fielding (tracking, catching, trapping and throwing).

Hockey - in tracking, trapping, dribbling, passing and striking.

In general students in Year 3-6 will be playing lots of modified games that incorporate and refine skills, while students in Year 7 practise with persistence and modify skills in an increasing variety of activities by focusing on individual and team play.